



	3-6 Years	6-12 Years	9-13 Years	13+ Years	
MONDAY	Little Dragons	Levels 1, 2, 3	Black Belt Club	Teens & Adult	Advanced Rank
10:00 AM - 4:30 PM	Private Lessons, Self-Defense Courses, Birthday Parties, Group Seminars, Special Events - See Front Desk for more info				
4:30 - 5:15	OPEN FLOOR - Karate Students All Ranks and Ages (Level 1 through Adult)				
5:30 - 6:00	Little Dragons				
6:15 - 7:00		Levels 1, 2, 3			
7:15 - 8:15			BBC	Teens & Adults	
TUESDAY					
10:00 AM - 5:15 PM	Private Lessons, Self-Defense Courses, Birthday Parties, Group Seminars, Special Events - See Front Desk for more info				
5:30 - 6:00	Little Dragons				
6:15 - 7:00		Levels 1, 2, 3			
7:15 - 8:15			BBC	Teens & Adults	
8:15 - 9:15					Advanced
WEDNESDAY					
10:00 AM - 5:15 PM	Private Lessons, Self-Defense Courses, Birthday Parties, Group Seminars, Special Events - See Front Desk for more info				
5:15 - 6:00		Weapons - Levels 1, 2, 3			
6:15 - 7:15			Weapons	Weapons	
THURSDAY					
10:00 AM - 5:15 PM	Private Lessons, Self-Defense Courses, Birthday Parties, Group Seminars, Special Events - See Front Desk for more info				
5:30 - 6:00	Little Dragons				
6:15 - 7:00		Levels 1, 2, 3			
7:15 - 8:15			BBC	Teens & Adults	
FRIDAY					
10:00 AM - 5:45 PM	Private Lessons, Self-Defense Courses, Birthday Parties, Group Seminars, Special Events - See Front Desk for more info				
6:00 - 7:00	OPEN FLOOR - Karate Students All Ranks and Ages (Level 1 through Adult)				
SATURDAY					
8:30 AM - 9:30 AM			BBC	Teens & Adults	Advanced
9:45 - 10:15	Little Dragons				
10:30 - 12:00	FLEX CLASS / OPEN FLOOR - Karate Students All Ranks and Ages (Level 1 through Adult)				
12:15 PM - 9:00 PM	Private Lessons, Self-Defense Courses, Birthday Parties, Group Seminars, Special Events - See Front Desk for more info				
SUNDAY					
9:00 - 10:00 AM			BBC	Teens & Adults	
10:15 AM - 9:00 PM	Private Lessons, Self-Defense Courses, Birthday Parties, Group Seminars, Special Events - See Front Desk for more info				
	Level 1: White thru White w/Black Stripe Level 2: Yellow thru Yellow w/Black Stripe Level 3: Orange thru Blue Flex Class - Students may enter or leave class at will throughout the session. Sessions may include structured drills/lessons as well as open floor time for instructor guided practice.		Black Belt Club: Purple thru Black Belt - Youth Advanced Program Teens & Adults Karate: Ages 13+ All Ranks Beginner thru Advanced Advanced Rank: Black Belts and Black Belt Candidates		